

### Amma Mighty Hopes 2023 Overview

Over the last year, Amma Mighty Hopes has played a pivotal role in enhancing the lives of women and communities. This organization has successfully trained 145 women in the skills of maggam work and creating eco-friendly bags, with a keen emphasis on their financial personal and Furthermore, they established a reflexology center, where 20 women received training and conducted comprehensive health sessions for the community. In the realm of education, Amma Mighty Hopes made significant strides by providing transportation solutions for students and leading the development of a community hall and library in Vangapahad, thereby fostering local participation and expanding opportunities. At its core, Amma Mighty Hopes is dedicated to addressing fundamental societal issues, aiming to empower and enrich the lives of women, one individual at a time.

## **Transforming** Training Units

This year, Amma Mighty Hopes marked significant milestones in empowering women through our training units. In Munipally village, we initiated a maggam work training program for 25 members, spanning 60 days, starting in January. Similarly, in Yerrgattu, 30 women embarked on a transformative journey, mastering maggam work over a 60-day period starting from March.

These training sessions were more than skill development; they were holistic growth platforms. Participants completed three comprehensive guides-two focusing on life skills and one on financial education. Their engagement extended beyond the training room, with initiatives to improve their locality by establishing waste bins and addressing local challenges. Their commitment shone through activities like weekly community service, participation in mock parliament sessions, and the remarkable remodeling of their houses, local bus stops and community halls.

This initiative not only addressed local issues but also garnered support from the community, with the locality head providing a hall and necessary facilities, ensuring the program's success.



### Nabard Project: Weaving Success

Our Nabard project was a resounding success, training 90 women in ecofriendly cloth and vegan bag making. Spanning from April to September, the program reached women in Thimmapur, Kesavapoor, and Hasanparthy. Beyond crafting skills, the participants enriched their knowledge by reading four books, attending counseling sessions, and gaining financial literacy through bank loan and wealth management classes. A highlight was a trip to a local garment industry, a novel experience for many, fostering enjoyment and camaraderie.

The transformation in these women was profound, touching aspects of communication, perspective, and financial independence. From overcoming shyness to building social bonds and acquiring skills that led to employment or entrepreneurship, their growth was remarkable.

## Reflexology Center: Healing Touches

In June 2023, we proudly launched a reflexology center, staffed by 12 trained and certified women. In just eight months, the center delivered 1600 sessions, contributing significantly to community wellness. Our outreach extended to villages, offering free sessions on healthy lifestyle and dietary habits.

This center wasn't just about treatments; it was about transformation. The women involved evolved into professionals, setting an inspiring example in their locality.





# Unwavering Support for Education

Our commitment to education continued with unwavering support for the children of Munipally Govt. School. By providing transportation for 45 students throughout the academic year, we not only aided their education but also contributed to the school's growth and development.





#### **Community Tuition Center**

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### Support for Transgender **Employment**

We steadfastly continued the support for the employment of transgender individuals, focusing on providing them with respectable positions in their local communities.



#### Vangapahad: A Community's Resurgence

Our efforts in Vangapahad have begun to bear fruit. After a persistent six-month campaign, we secured land for a community hall and library, a project set to reshape the village's future. Expected to complete in February 2024, this initiative not only enhances social standards and engagement but also promises livelihood opportunities for 20-30 women and a nurturing space for young minds.

As we reflect on the year, we celebrate the remarkable strides taken by the women in our programs. Their journeys of empowerment, learning, and community engagement exemplify the core mission of Amma Mighty Hopes: to foster hope, empower lives, and transform communities. Together, we look forward to continuing this journey of making impactful changes and nurturing dreams into realities.





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